

BOULDER COUNTY FIRE RESOURCES

Ways to Help:

- Boulder Office of Emergency Management: If you have shelter to offer displaced residents, please sign up to be a vetted host at [Airbnb.com](https://www.airbnb.com) and you will be alerted through the Airbnb Open Homes Program if needed. They are also encouraging donations of household items to local non-profit thrift stores. More info: <https://bouldercounty.wufoo.com/forms/donations/>
- YMCA of Northern Colorado is accepting donations (blankets, pillows, dog & cat food) at their location: 2800 Dagny Way, Lafayette, CO 80026. Please follow their updates for what supplies are needed: <https://twitter.com/YMCANOCO>

MENTAL HEALTH RESOURCES

- JFS Boulder County Crisis Counseling fund: jewishfamilyservice.org/bcc
- Mental Health Partners: mhpcolorado.org/mental-health/ or 303-443-8500.
- Colorado Crisis Services: coloradocrisisservices.org/home-alt/ or 1-844-493-8255 or Text "TALK" to 38255.
- BVSD's Trauma Support Team has been activated and will be working to offer support to students virtually in the coming days. If you know of a student who needs support during this difficult time, please let them know through this [Google Form](#).

National Mental Health Resources:

- Disaster Distress Helpline: The Disaster Distress Helpline, [1-800-985-5990](tel:1-800-985-5990), is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. Call or text 1-800-985-5990 to connect with a trained crisis counselor

Guides for Coping with Disasters:

- [Helping Children Cope with Disaster: American Red Cross](#)
- [Coping with Disaster During the Holidays: American Red Cross](#)
- [Taking Care of Your Emotional Health After a Disaster: American Red Cross](#)
- [Tips for Survivors of a Disaster or Other Traumatic Event: Managing Stress. SAMHSA](#)
- [SAMHSA Disaster Distress Hotline](#)