

Join NAMI Colorado

\$40.00

3-Tier Membership: Includes an individual membership to NAMI, NAMI Colorado, and your local NAMI affiliate.

\$5.00

Open Door Membership: Individuals with limited means are invited to join at a reduced rate.

\$60.00

Household Membership: Includes all members of a household living at the same address.

Please complete this section and check which membership you prefer and return this completed form with your payment to NAMI Colorado.

Name: _____

Address: _____

Phone: _____

Email: _____

Affiliate: _____



NAMI Colorado Affiliates

- Arapahoe/Douglas
- Boulder/Broomfield
- Colorado Springs
- Denver
- Heart of the Rockies (Salida)
- High Country Colorado (Breckenridge)
- Jefferson County (includes Clear Creek & Gilpin)
- Larimer County (Ft. Collins)
- Southeast Colorado (Pueblo, Canon City, La Junta)
- Western Slope

NAMI Colorado Communities:

- Adams County
- Aurora
- Greeley
- Roaring Fork Valley (Glenwood Springs)

To find an affiliate near you, call us at (303) 321-3104

Contact us:

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Englewood, CO 80110
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info@namicolorado.org
www.namicolorado.org



Building communities of recovery and hope through education, support and advocacy for individuals and their families affected by mental illness

Know the Mental Health Statistics

- One in five people or more than 1 million Coloradans will experience a mental illness in a given year.
- 1.5 million Coloradans need behavioral health care each year.
- Approximately 9 percent of youth ages 13 to 18 experience severe mental disorders in a given year and only 38% receive treatment.
- Individuals living with serious mental illness face an increased risk of having chronic medical conditions.
- Adults living with serious mental illness die on average 25 years earlier than other Americans, largely due to treatable medical conditions.
- Suicide is the tenth leading cause of death in the U.S. (more common than homicide) and the third leading cause of death from ages 15 to 24 years.
- More than 90 percent of those who die by suicide had one or more mental disorders.
- Colorado ranks #48/50 in the number of per capita public and private psychiatric beds.
- The social stigma of a mental health diagnosis is the leading cause of individuals, especially men, refusing to seek help.

About NAMI Colorado

- NAMI Colorado is the State Organization of the National Alliance on Mental Illness, nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.
- We provide advocacy, free education, and support to individuals of all ages and to families impacted by serious and persistent mental illness.
- Presentations to schools and the community to bring awareness to mental health and decrease the stigma surrounding mental illness.
- Support groups for those living with mental illness and their families
- NAMI shapes national public policy for people with mental illness and their families and provides volunteer leaders with the tools, resources and skills necessary to save mental health in all states.
- Our NAMI Helpline allows us to respond personally to hundreds of requests each year, providing free referral, information and support.
- We lead public awareness events and activities that successfully fight stigma and encourage understanding.
- NAMI Colorado's Law Line: Volunteer licensed Colorado attorneys provide limited free legal information and advice to persons who contact NAMI Colorado seeking information on issues relating to mental health law and issues directly affecting persons who have mental illness and their families.



Our Programs & Services

EDUCATION CLASSES

Family-to-Family: A 12-week, evidence-based education course for family members and caregivers of adults living with mental illness.

NAMI Basics: A 6-week education course for parents and caregivers of children and adolescents with mental health conditions.

NAMI Peer-to-Peer: An 8-week education course for adults living with a mental illness.

NAMI Homefront: A 6-week education course for family members and friends of Service Members or Veterans, dealing with the challenges of a mental health condition.

NAMI Provider Education: A 5-week course that helps providers realize the hardships that families and persons living with mental illness face.

SUPPORT GROUPS

Family Support Group: A trained, peer-led support group for family members and caregivers of individuals living with a mental health condition.

NAMI Connection: A trained, peer-led peer support group for adult individuals living with a mental health condition

COMMUNITY AWARENESS/OUTREACH

In Our Own Voice: A presentation where two trained individuals share their personal stories about living with mental illness and achieving recovery.

NAMI Ending The Silence: A presentation geared to high school students on mental health awareness.

NAMI Colorado Helpline: Connecting callers to community resources.

NAMI Walks: A annual event where people walk to educate others on mental illness and eliminate the stigma involved with mental illness.